

Meal Planner

Dished
Dined

February

Stovetop
Oven/Bake
Slow Cooker
Grill/Broil

30 Minutes or Less (Frozen)



Key West Honey-Lime Mahi



Southwestern Pinto Burgers



30 Minutes or Less (Thawed)



Jerk Chicken with Pineapple Salsa



Montreal Chicken with Homemade Potato Chips



Moroccan Chicken with Couscous



Sesame Apricot Chicken with Jasmine Rice



Ginger Beef and Vegetables



Rosemary and Mustard Grilled Sirloin Steaks



Roasted Herb Pork Chops



1 Hour or Less (Frozen)



Santa Fe Chicken Tortilla Soup



Sauteed Shrimp with Feta and Orzo



Pasta Pomodoro



Design-Your-Own Calzones



1 Hour or Less (Thawed)



Fusion Pork Tenderloins



Wild Maine Blueberry Buckle



1 Hour or More (Thawed)



Slow-Cooked Beef Barbacoa



Cooking methods shown are recommended. Please check label for complete and alternate cooking methods. For a printable version of full cooking instructions and "dish with" ideas, nutritional information, and to rate a dish, log onto "My Cookbook" at letsdish.com.